

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Josh Grindley-Ferris**

Has successfully participated & completed the

**10km Lions Trail Run**

held at Theuniskraal Wines.

**TIME 00:57:27**

**PACE 05:43/km**

**OVERALL 10 of 53**

**GENDER 9 of 26**

**14 - 19 3 of 4**

12 August 2023, Sat

Date



*BoutTime*

Signature

